

# SWAN HILLS GOJU RYU KARATE

## NEWSLETTER March/April 2019

### SENSHINKAN TOURNAMENT

This was held on Sunday 17<sup>th</sup> March at the Edith Cowan University, well done, Damien, Drew, Theresé and Ruben as well as Eve from the Bridgetown and Donnybrook Dojo's. All members performed very well. Ruben from Eastern Hills Dojo had to do three katas and missed out on being 3<sup>rd</sup>. Damien came up with 2 flags to 3 be beaten by the eventual winner, gaining the head judges flag who was the highest level on the judging Panel (world level). Eve also won silver in the elite kata group for her age. Drew came silver also beaten 3-2 with the head judge choosing him. Well Done to Theresé Spencer who won gold medal in her kata division.

### SENSEI SAL VISIT.

It was great to have Sensei conduct sessions at the Midland Hombu Dojo again, he thoroughly enjoyed his time with us, taking seven sessions all up. He also enjoyed the social catch up with the senior members on Friday and Saturday nights. Good positive feedback has come from a number of the members, saying how much they enjoyed it and the content.

### AUSTRALIAN OPEN CHAMPIONSHIPS SYDNEY 12<sup>th</sup> – 14th April.

Good luck to Drew and Damien who all will be representing us in this competition, Sensei will be going as a coach. Senior Black Belts will be looking after all classes.

### GRADING

All grades SATURDAY 6<sup>st</sup> April 2019

At the MIDLAND HOMBUR DOJO, Shop 1/12 Great Northern Highway Midland.

#### **Grading time Grade & Cost**

**Please note: that all fees should be paid up to date to be eligible for this grading**

<b>Saturday lower Kyu grading white to 3rd kyu (attempting Brown), Saturday 6th April 2019</b>	
(16+)senior junior	
White belts & all Yellow grades (start from)	9.00am
All Greens and above	(Approx from) 11.00am

Times of grading are as listed above as to ensure there is no misreading of times.

### PRESENTATION FOR METRO DOJOS:

**N.B:** Due to April having Easter and school holidays the presentations won't be as normal.

#### **Eastern Hills:**

Junior presentation will be held on **Tuesday 9<sup>th</sup> April 2019** Commencing with Joint training at 5.30<sup>pm</sup> all attend please. A PRESENTATION AT 6.30<sup>pm</sup> AFTER SHORT DISPLAY;  
Parents pick up time is 7.15<sup>pm</sup> plus bring a plate juniors and drink for a party after finishing 7.30<sup>pm</sup>  
**Senior's** class will be as normal 7.30<sup>pm</sup> you can do both if you like.

**Midland: Wednesday 10th April 2019** this will be done between normal lesson change over.

### EASTER WEEKEND

**No lessons** for Friday 30<sup>th</sup>, Saturday 31<sup>st</sup> March or Monday 2<sup>nd</sup> April on the Easter weekend, please make up classes either before or after the break.